



Parent Guide

How can I use this with my children?

Follow these craft instructions together to upcycle your old clothes into something new!

How does this help my children's learning?

This activity encourages your child to learn about recycling and upcycling in a creative way.

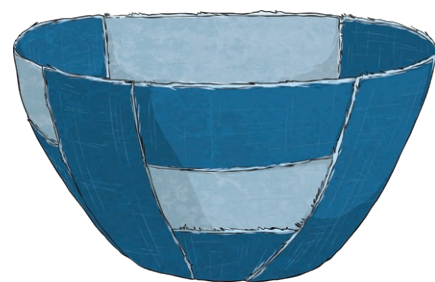
Ideas for further learning:

What else can your child create using old clothes?



Upcycled Denim Bowl

This is a fun way to recycle your old denim clothes by turning them into a funky bowl. This bowl will look great on the side in the kitchen, living room, bedroom or bathroom! It is really versatile and can be used to store all sorts of bits and bobs.



You will need:

- Old denim clothing
- Tape measure or ruler
- A breakfast bowl or similar for the mould
- Cling film
- White glue
- Pair of scissors



Instructions:

- 1 Begin by cutting your old denim clothes into rectangular strips around three centimetres in width and eight to ten centimetres in length. Do some strips longer so that they reach from one side of the bowl to the other.
- 2 Turn a bowl upside down and cover it in cling film.
- 3 Now, glue and layer the strips of denim over the bowl (much like papier-mache) until it is three layers thick.
- 4 Leave the bowl to dry (this may take overnight).
- 5 Remove the denim bowl from the mould and remove the cling film. Check it is totally dry.
- 6 Cut off any excess material from the rim of the bowl.
- 7 Now use your bowl to store a range of items, such as bobbles, hair clips, keys and toys.

We hope the information on our website and resource is useful. However, some ingredients and/or materials used might cause allergic reactions, so if you have any concerns about your own or somebody else's health or wellbeing, always speak to a qualified health professional. Remember, activities listed within the resource should always be supervised by an appropriate adult.

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